



PARKING VOLUNTEER GUIDELINES

National Interscholastic Cycling Association
2414 Sixth Street
Berkeley CA 94710
(510) 524-5464
www.nationalmtb.org

GENERAL OVERVIEW

Be the first to welcome NICA student athletes, their families, coaches and supporters as they enter the race venue. Often there is just enough space for our growing League to park, so it's important to park cars in an efficient manner. After parents park cars you can answer questions while setting the relaxed tone at the race. Be sure to come with layers of clothing appropriate for a range of weather, as well as snacks, water and sunscreen.

GOALS

- Welcome athletes as they arrive at the venue
- Set a relaxed tone for the athletes and their families
- Answer any burning questions they have upon arrival
- Park the cars in an efficient manner

PROCEDURE OVERVIEW

- Welcome cars with a cheerful relaxed attitude (sometimes people are very excited about the race and feel rushed. Help set a relaxed pace for them)
- Let them know where they will be parking
- Point them in the direction of the pitzone, registration and/or start line
- Instruct them on where to park their cars. File the cars as space efficiently as possible
- Answer any questions
- Please communicate any issues and when your lot is getting full using the two-way radio
- If there is a large parking lot and two or more parking volunteers are available, one volunteer can direct the cars to another volunteer who is assigning parking spaces

EQUIPMENT LIST

- Radio tuned to channel 18/ privacy code 1 to receive and send messages to race staff
- Neon vests
- Flag
- A radio
- Race flyer (to help answer questions)

DO'S AND DON'TS

- Do use the radio to communicate with each other or to radio staff members
- Do act welcoming, relaxed
- Don't engage in l
- Don't leave the parking lot unattended. If you need to be relieved, please radio the Operations Manager

Check in with your volunteer coordinator for specific races and times.

Videos of volunteer positions are available online using the following link: <http://www.nationalmtb.org/nica-race-volunteer-guidelines/>

THANK YOU FOR YOUR SUPPORT!